



Drug, Alcohol and Tobacco Policy

Policy Statement:

This policy sets out the requirements of the board of MRVA in regards to the use of / consumption of Drugs, Alcohol and Tobacco in respect of any Player, Referee, Manager, Coach and Staff representing MRVA.

Scope:

This policy is applicable to all participants representing MRVA.

Policy Application:

Drug and Alcohol

MRVA has responsibility to carry out our duties as efficiently and safely as possible. As part of the board of MRVA in respect of Alcohol, Drugs and Tobacco has applied a set of rules. These rules apply to Employees, Players, Referees, Coaches, Managers and Volunteers:

- You must not take illegal drugs or consume alcohol or any other substance that reduces your ability to perform your duties.
- No Alcohol may be consumed on MRVA premises, except when approved by the board of MRVA.
- MRVA maintains an alcohol ban for all representative Players, Referees, Coaches, Managers, Volunteers and Staff for the duration of any tour, events and tournament where you represent MRVA in any capacity.
- If you are taking prescription drugs that have the potential to impair your performance, you should advise your Manager. This will help make sure that any side-effects or complications that may occur can be dealt with promptly and safely.
- Players, Referees, Coaches, Managers, Volunteers and Staff will NOT smoke whilst in MRVA uniform or clothing.

MRVA adheres to the Sport NZ Anti-Doping Rule 2009 as summarised:

- The presence of a prohibited substance or its metabolites or markers in an athlete's sample.
- The use or attempted use by an athlete of a prohibited substance or method.
- Evading testing or refusing to provide a sample for drug testing.
- Failing to provide accurate and up-to-date whereabouts information or missing a test.
- Tampering or attempting to tamper with any part of the doping control process.
- Possessing prohibited substances or methods.
- Trafficking or attempting to traffic any prohibited substance or method.



- Administering or attempting to administer a prohibited substance or method to an athlete.
- Covering up an anti-doping rule violation.
- An athlete associating with someone, such as a coach or medical professional, who has been found guilty of an anti-doping rule violation or equivalent.

MRVA Workplaces are smoke free:

MRVA Smoke-Free Policy is in accordance with the provisions of the Smoke-Free Environments Act 1990. MRVA is committed to this Policy because:

- Tobacco smoke contains harmful chemicals which are significantly damaging to the health of individuals when inhaled.
- MRVA employees and visitors to our premises are entitled to enter a smoke-free environment.

Therefore all MRVA workplaces are smoke-free.

No smoking in MRVA Vehicles

The Smoke-Free Environments Act 1990 states that vehicles provided by the employer are considered a place of work. Therefore it is a requirement that all MRVA owned or leased vehicles are smoke-free.

No Smoking outside MRVA premises

Smoking is not permitted anywhere on or directly outside a MRVA premises, unless a designated area has been assigned by the property owner. This is to maintain the health and safety of both MRVA employees and visitors to MRVA premises, and to ensure that MRVA presents a professional image to members of the public.

Employees who choose to smoke during their usual rest breaks and meal breaks may do so away from MRVA workplace premises (or in a designated area if available).

Smoking Cessation Programmes

Smoking cessation programmes are available through public health providers. Further information and advice is available via Quit line on 0800-778-778.