



Junior Premier League

2026

Manual Draft

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1. Requirements of entry to Junior Premier League

- A Local Level Referee qualification is required for duty teams at NIJSS Champs or Satellite events. Coaches and players must complete the VNZ Local Ref Course. Coaches must be a VNZ member and complete the VNZ Level 1 Coach course.
- Competitive Junior Secondary School Teams made up of year 9 and 10 students that are preparing for the NZSS Champs.
- Schools wishing to apply for dispensation to carry a year 11 student may do so, up to two players. These dispensations are made on a case by case basis. Dispensations only apply to Junior Premier League. Teams with a dispensation player cannot qualify for VNZ NZSSJVC. Dispensation applications may be made via email to admin@volleyballmanawatu.co.nz.
- All team players must be enrolled at their respective school or through home school and full time (80%).
- Player Dispensation: If you have a player from a different school playing in your school team then we require a form of letter and signature from both school Sport Coordinators agreeing and allowing the athlete to play for another school with their reasoning.
- All players must be on the team list.

2. League Venue & Dates & Roles

Venue

Central energy Trust Arena 4 Ballroom

Dates

MRVA SS Junior Premier League -

Week 1 - October 13

Week 2 - October 20

Week 3 - October 27

Week 4 - November 3

Week 5 - November 10

Roles

General Manager- Kelsey Higgins

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admin@volleyballmanawatu.com

Age adapted FIVB Rules will be followed and considered for the Junior Premier League.

It is the coaches responsibility to control duties and be present at all duties as the head adult. Coaches are to help the scoresheet players learn to score properly and also be there to support the referees. The coach may, ref or score themselves, or be present on the score bench if players are doing the other jobs.

3. Time Limits

1. MRVA will designate 1 hours per round, this includes 10min ball and net time protocols- you may start your protocols early if all teams agree (only in first round), and 3 sets to 25,25,15. We have chosen to play to 15 in the third compulsory set to allow the teams to get used to a new toss at the start of the third and the changeover at 8 and scoresheet work. (COMPULSORY 3 SETS TO 25,25,15- SWITCH ENDS AT 8 POINTS AND THIRD IS ONLY COUNTED IF A TEAM REACHES THE 8 POINTS)
2. Duration of time outs is 30 seconds- allowed 2 per set per team as in FIVB rules.
3. Duration in between sets is 3 minutes
4. No time between rounds, roll on roll off.
5. Where a player is seriously injured and unable to continue to play then there will be a referee technical injury time of 3 minutes and a substitution must be done.

4. Entry Fee & Finance- per team

Premier League: **\$650.00** per team

5. Grades & Eligibility

One Male Division (Maximum of 12 teams may enter overall- we may allow more boys teams if there is space due to not enough girls teams, however equal divisions is priority)

One Female Division (Maximum of 12 teams may enter overall- we may allow more girls teams if there is space due to not enough boys teams, however equal divisions is priority)

Transgender athletes: We are undergoing a policy for this, if you consider yourself or an athlete from your school team within this category then please just get in touch with us and we can work out the best case scenario.

Eligibility

Players participating in the Junior Premier League must be registered as a full time student in years 9 or 10 in their participating school.

Exemptions are possible on a case by case basis and must have a written agreement from both schools sports coordinators and principals.

6. Default Games

Any team which is not ready to take the court (six players) at the scheduled start time of the match or 15 minutes after the completion of the previous match (if behind schedule) will lose the first set by default.

If after 10 mins from the commencement of the match time, and the team has still not arrived, the match is forfeited.

7. Official Team

REGISTRATION for the league is due Monday 14 September. Please submit FULL NAMES for team lists, with required player information by Monday Oct 12.

Only players, managers, coaches and officials on team lists are permitted to the playing areas. Additional people to team lists must be signed off by the league manager prior to participating in the event.

If an ineligible player is discovered to have played in a match, the team will forfeit all points in all sets where an ineligible player has entered the court. Play will continue with the revised score.

8. Warm Up

The toss shall be conducted as soon as the court is free and both teams and duty are present.

Teams should allow and follow the 10 min shared warm up protocol if court is on time.

Teams should turn up with enough time to start the 10-minute protocol. If teams turn up earlier with their court ready, then they are welcome to start their warmup prior to the 10 min protocol.

10-minute protocol includes

- At 0-5 mins= teams captains and coaches sign scoresheet, and perform the toss, teams can pepper and have ball time on their side of the court. Coaches submit team line up rotation sheets.
- At 5-7mins= attacking from zone 4
- At 7-9mins= attacking from zone 2
- At 9-10 mins= serving

9. Results & Score Sheets - set format & match protocol

Proper FIVB 3 set Scoresheet is to be used. Coaches MUST fill out the scoresheet properly with naming their Captain.

All Premier League matches will be compulsory 3 sets to 25,25,15- within the time limit) with a two-point advantage in all sets. For the third set to count a team MUST reach 8 points.

Format & Structure of Weeks:

Format will be determined on number of entries, with pool play round robin and play off structures being announced after registrations close.

Results

Match Points shall be allocated as follows:

To win the match it is the most sets won. Points are awarded per set won ie 3-0 (3 points for the winning team and no points for the losing team).

1 Match point per set won (eg 0,1,2,3 points per match)

1 Match point will be awarded to each team which meets the following criteria

- Team list submitted
- Coach Level 1 complete
- Coach Local Level Ref complete
- All players Local Ref course complete
- All players in proper uniforms

Rankings are determined:

- Number of Victories (wins)
- Match Points
- Set Quotient
- Points Quotient
- Match forfeited 0 points (25-0; 25-0; 15-0)

ROUND 1= 3:45-3:55 WARMUP 3:55-4:45 MATCH

ROUND 2= 4:45-4:55 WARMUP 4:55-5:45 MATCH

ROUND 3= 5:45-5:55 WARMUP 5:55-6:45 MATCH

10. Uniform

Team players shall wear their school colour uniforms where they must be matching in design and colour, except for the libero.

They must have clearly printed numbers on both front and back of shirts ideally numbers 1-99. No player may wear the same number as someone else- so must have a different number. Unless the Libero has the same number as a player and are clearly different coloured tops.

If two or more uniform sets are used, then the players must stick to their same number.

Compression may be worn under uniforms. Shorts and long tights are also allowed.

11. Libero

The Junior Premier League will not run liberos, in alignment to NZSS Junior Volleyball Championships.

12. Net Height

Junior Girls height and Junior Boys height nets.

2.15m (girls) & 2.24m (boys)

13. Match Ball

Official match ball to be used is the **Mikasa V200W**. One ball per court will be supplied, it is the duty team's responsibility to bring the ball and score sheets to the main tournament desk for checking and sanitising.

14. Substitutions

Domestic Rule: The 12-substitution rule applies.

14A: A team shall be allowed a maximum of twelve (12) substitutions in any one set.

14B: Players starting a set may be replaced by a substitute and may subsequently re-enter the set twice.

14C: Each player may enter the set three times. A player shall not enter the set for a fourth time (starting shall count as an entry).

Players re-entering the set must assume the original position in the service order in relation to other teammates.

Any number of players may enter the set in each position in the service order, only limited by 12 A,B,C.

In case of injury, exceptional substitutions are allowed according to *FIVB Rule 15.7*.

15. Official Protest

Should any team wish to make an official protest during the game, the team Captain must indicate this to the 1st Referee. A \$50.00 **cash** fee shall be paid to the League Manager for the protest to be considered (this fee will be refunded if the protest is upheld). The match is frozen until the Disputes Committee meets and settles the protest (member/s from the committee that have conflict will not be included).

A protest will only be considered:

- On an application or interpretation of a rule;
- Immediately following the referee's ruling (or lack thereof).

Once the referee has authorized service for the next point, protests concerning the previous rally will not be accepted.

This is in alignment to VNZ National events protocols.

16. Duty

All teams will be required to duty either before or after their match- we will try and give the same amount of duties to teams.

MRVA staff will be able to support some teams during their duty, however we request that all teams have a first and second referee who have confidence in the rules i.e. know the rules and have sat and completed/passed the local online test.

A designated scoresheet person and flip scorer and two lines people (6 in total). For any referee rules or guidance please see the referee delegate.

Teams MUST duty with how they would like to be refereed.

If a team does not show up to their duty then they will forfeit their match points from that night or their next game and incur a \$25 fine.

Coaches must be present at the teams duty as adult supervision and to make sure they are doing their duties correctly and also helping the students if a MRVA staff is not available too.

Coach or assistant who knows the ref rules/protocols to help their students must hold one of the following roles: 1st ref, 2nd ref, scoresheet, flip score, line one and line two.

Lines people will locate themselves, one to the right corner of the first referee and the other one in the diagonal opposite corner. Lines people will need to call in, out, touch, aerial and foot faults to help the refs.

Teams of duty in the final round must help pack down the team and score benches.

17. Coach and Player Behaviour

MRVA is committed to the prevention of child abuse and to the protection of children and young people. The well-being and safety of children and young people is important to our organisation.

Players, Coaches, and Managers are expected to demonstrate good sportsmanship and to behave appropriately at all times. Inappropriate behaviour that in the opinion of the organisers brings the game into disrepute will be subject to sanction penalties.

Team members who demonstrate poor sportsmanship during matches will be subject to the Sanction Scale as per the official FIVB Rules of Volleyball. Any other matters that arise (not covered by the official rules or happen outside a match) will be dealt with by the Disputes Committee. The decision of the committee is final.

Volleyball Manawatu does not tolerate improper behaviour including but not limited to bullying, racism and sexual harassment of any form from participants to spectators.

During matches Tournament Management have the authority to issue penalties to players or coaching staff in accordance with the sanction scale in the rules of the game.

18. Spectators

As Spectators, you are expected to:

- Demonstrate appropriate social behaviour;
- Not let your behaviour detract from the participants' enjoyment;
- Let game officials conduct events without interference;
- Support skilled performances and team play with generous applause; and
- Demonstrate respect for opposing players and their supporters.

*Please be flexible and open around the possibility of changes to this document.