



Intermediates League Match Rules

Playing space:

- Games will be played on a full-size court (18m x 9m)
- Net height at. – Approx 2.1m
- The Aerials on the net limit the width of the net - a ball touching the aerial or the net outside the aerial is out. A ball passing over top or outside the aerial is also out.

Playing the ball:

Service:

- The Server will be allowed to serve from one metre inside the court on the first service attempt, from a half metre inside on the second and from the back of the court on the third, fourth and fifth. At this point the server's feet must be completely behind the service line when the ball is hit.
- To serve: - the ball must be released into the air and hit with ONE hand.
- The ball is allowed to hit the net but must go over the net inside the aerials into the opponent's court without assistance from any outside objects (roof etc) or other players / spectators.
- A player is only allowed a maximum of 5 serves in a single rotation. After the fifth consecutive serve and point, the serve is given to the other team and they rotate "as if they had won the rally".

Players

- Teams must have six players on the court at all times. (3 front and 3 back).
- Teams are allowed to use a "rolling substitution" into the service position every time they sideout (win the service back from the opponent).

Scoring:

- Games will be played compulsory 3 sets
- Time limit will apply – 45 minutes.
- A point will be scored for every rally played. The team who wins the rally wins a point and the next serve.
- First 2 Sets will be to 25. First team to reach 25 points with a winning margin of 2 points to win the set. If a Team reaches 25 but does not have a margin of 2 then the set continues until a winning margin of 2 points is reached OR a Team reach's 27 points.

- The third Set is to 15 (Must win by 2 points, NO cap) The third set will only count if one team has reached 10 points before the buzzer, otherwise the game will be declared a draw. In the event one or both teams have reached 10 points in the 3rd set, the winner will be the team who is ahead when the Siren sounds.
- If both points are equal a final point may be played to determine the winner.

Handling of the Ball

- A player may “play” the ball with any part of the body provided the ball is not caught and thrown or held in any way.
- Only three contacts per side are allowed.
- A block does not count as part of a team's three contacts.
- A spike must be a clean contact, without catching the ball and throwing it.
- Any shot played with two hands below the waist or over the head, must not be caught and thrown.
- A player may not play the ball in two consecutive touches. The exception is only after a block, a player then may have a second consecutive touch.
- It is a fault if any player touches the net while they are attempting to play the ball.
- It is also a fault if a player steps completely over the centre-line underneath the net. The centre-line is limited by the aerials on the net, i.e. outside the aerials the centre-line does not “exist”.
- Volleyball has a lot of “judgment calls” which are at the referees discretion.

Outside court rules:

- **Sport shoes MUST BE WORN** at all times. NO school shoes, socks, barefeet or crocs are allowed to be worn on the court at any point. Warm up, playing or cooling down. This is an arena rule to protect the flooring and child safety.
- **NO** balls are to be played on the side of the court during game play.
- One ball will be provided to each team by MRVA staff upon request.. This will be done at the **END OF EACH ROUND** when the buzzer goes, to allow the 3 minute warm up time prior to the next game. You are welcome to bring your own ball, at your own discretion, but these balls need to be held on to while games are being played.

Please be mindful this is a youth sport and our referees are there to provide the best possible experience for your participants

If you have questions, please seek clarity first with your referee.

If you need further assistance, please speak with Andy Curtis or Jessica Mitchell or one of the Volleyball Manawatu or Palmerston North Volleyball League Staff at the desk.